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Female Pelvic Medicine and Reconstructive Surgery

Pelvic Floor Impact Questionnaire

Instructions: Some women find that bladder, bowel, or vaginal symptoms affect their activities, relationships, and feelings. For each question place an **X** in the response that best describes how much your activities, relationships, or feelings have been affected by your bladder, bowel, or vaginal symptoms or conditions <u>**over the last 3 months**</u>. Please make sure you mark an answer in **all 3 columns** for each question.

How do symptoms or conditions related to the following ➔ usually affect your ⬇	Bladder or Urine	Bowel or Rectum	Vagina or Pelvis
1. Ability to do household chores (cooking, cleaning, etc.)?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
2. Ability to do physical activities, such as walking, swimming, or other exercise?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
3. Entertainment activities, such as going to a movie or concert?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
4. Ability to travel by car or bus for a distance greater than 30 minutes away from home?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
5. Participating in social activities outside your home?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
6. Emotional health (nervousness, depression, etc.)?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit
7. Feeling frustrated?	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit	Not at all Somewhat Moderately Quite a bit

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